

Alcohol: Friend or Foe of Teenage Pregnancy

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Abstract

This curriculum unit is about the possible effects of alcohol use as it relates to teenage pregnancy. When a teenager becomes pregnant, the pregnancy affects the teenager's immediate life and future prospects. Alcohol abuse can be attributed to several factors in teenagers. It can be linked to family factors, antisocial behavior, school and peer factors. It can also be associated with individual traits such as attitudes, beliefs and personality or it can be used as a way to handle stress. Any of these factors can lead teenagers to become involved in situations governed by poor decisions. The unit includes various lesson plans that can be used individually or as a unit to acquaint teenagers with more educational facts about two problems that concern them today. Students will have an opportunity to learn about two of the concerns that face teenagers today. Thus curriculum will give them a chance to view current information to give them a broader understanding and background.