

## **Living Healthy and Practicing Prevention: Immunization**

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### **Abstract:**

The potential for a possible pandemic from bird flu prompts this multidisciplinary prevention immunization unit. Families and therefore, students, will continue to make decisions regarding immunization. By looking at the history of pandemics, possible pandemics and childhood diseases the knowledge will enable a more informed decision on immunization. There has been a lot of dialogue about children eating healthy and exercising for maintaining good health and to prevent future problems. This is very good, but immunization or the lack thereof, is another area of concern. Students will learn that health care providers need to immunize and wear protective clothing to protect them and not to spread disease. While doing research students will learn the history of diseases that family members may have contracted. Students will also learn how vaccines can help prevent the spread of diseases.